

Energy-saving tips while spending more time at home

During this unprecedented COVID-19 crisis, while so many in our communities are either working from or confined to the home, Florida Power & Light Company is here to help customers by providing useful tips to help you manage energy use.

Set it and forget it.



AIR CONDITIONER EFFICIENCY

Each degree you raise the thermostat can help you save up to 5% on cooling costs.

Everyone loves privacy.



AIR CONDITIONER EFFICIENCY

Keep bedroom and other doors open if possible – closed doors can block the airflow.

Who left the lights on?



LIGHTING EFFICIENCY

Keep lights off in unoccupied rooms. Leaving on lights or a lamp can run up your bill.

Clean each time.



DRYER EFFICIENCY

Clean the lint filter in your dryer before every load, not just once it fills up, to minimize drying time.

Use fans wisely.



FAN EFFICIENCY

When you leave a room, turn off the fan. Fans cool people, not rooms.

Weekly meal prep.



COOKING EFFICIENCY

Make several dishes at a time and use the smallest appliance you need to get the job done.

Turn off to save.



FAN EFFICIENCY

Turn off ceiling, bathroom and kitchen exhaust fans when you leave the room or after use.

Counter top convenience.



COOKING EFFICIENCY

Use the smallest appliance you need to cook – like a slow cooker, microwave or toaster oven.

Go ahead and unplug.



ENTERTAINMENT EFFICIENCY

Make sure TV and systems are turned off or unplugged when not in use.

Fire up that grill!



COOKING EFFICIENCY

Using an outdoor grill instead of the oven can help lower your bill.

Use the FPL Mobile App



DOWNLOAD NOW

View your daily, weekly and monthly energy use. Available on the Apple App store or Google Play, or text "App" to MyFPL.

FPL Energy Analyzer



ACTIVATE TODAY

This free tool provides an itemized breakdown of energy use and offers simple energy saving tips.



For customers experiencing hardship as a result of COVID-19, FPL has resources available to help and will continue to connect customers with resources from federal, state and local agencies. FPL has also implemented measures to help during this crisis, such as suspending electrical disconnections, providing payment extensions and waiving certain late payment fees for customers in a hardship situation – policies that will remain in effect while Florida is under a state of emergency. Customers are encouraged to pay their electric bill balance each month to avoid building up a large balance, which they will continue to bear responsibility for. However, if they are having difficulty paying the monthly bill, FPL encourages them to view available resources online at [FPL.com/Help](https://www.fpl.com/Help) or contact FPL directly at 1-800-226-3545.